

The Impact of Traditional Practices on Subjective Well-being: A Review

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Abstract

Understanding individual and contextual factors of happiness and life satisfaction in local peoples are important in the study of subjective well-being. Since, existing literature is focused on the traditional dimension of well-being such as income and health. This paper presents a summary of current knowledge on options to support the people, in achieving happiness and life satisfaction through traditional practices. The review was based on four studies that were conducted in developed and developing countries including French, Arctic-US (Alaska), European Union, and Indonesia. Moreover, those studies were conducted in agriculture, health and personality, cultural-spiritual values, and heritage resources. It begins by reviewing the considerable impact of traditional practices on subjective well-being, and reviewing happiness and life satisfaction. Furthermore, there are two different methods to measure those effects, including ordered logit and ordered probit. That econometric results show that traditional practices significantly improve local peoples' happiness and life satisfaction. We argue that individual community participation facilitates social networks and support mechanisms that positively affect subjective well-being. This finding implies that there is a need for further research to provide empirical evidence of local people farmers and its impact on their happiness and life satisfaction.

Keywords: Traditional practice, happiness, life satisfaction, subjective well-being, ordered probit model

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